DIRECTION

No. 35 /2023 Date :- 18/8/2023

Subject :- Examinations Leading to the Degree of Master of Physical Education (M.P.Ed.) (शारीरिक शिक्षण पारंगत) (Two Years - Four Semester Degree Course).

Whereas, Ordinance No. 155 and Direction No.08/2016 related to the examination leading to the Degree of शारीरिक शिक्षण पारंगत (Master of Physical Education) (M.P.Ed.) (Semester Pattern) (Two Years Course) are in existence in the University,

AND

Whereas, the Board of Studies in Physical Education & Recreation in its meeting held on dated 03/06/2022 and 04/06/2022 has revised the Draft Syllabus and the Scheme of Teaching, Learning, Examination and Evaluation of Semester I to IVof Master of Physical Education (M.P.Ed.) and recommended it to the Faculty of Inter-disciplinary Studies and Academic Council,

AND

Whereas, the Scheme of Teaching, Learning, Examination and Evaluation of Semester I to IV and the Draft Syllabus is approved by the Faculty of Inter-disciplinary Studies in its meeting held on 28/07/2022,

AND

Whereas, the Hon'ble Vice-Chancellor has accepted the draft syllabus, Scheme of teaching and examination, under section 12(7) of the Maharashtra Public Universities Act, 2016, on behalf of the Academic Council,

AND

Whereas, the scheme of teaching, learning, examination & evaluation and other provisions for M.P.Ed. (Two years – Four Semesters) course is required to be regulated by an Ordinance, and preparing the Ordinance for the said course is time consuming process,

Now, therefore, I, Dr.Pramod Yeole, In-charge Vice-Chancellor of Sant Gadge Baba Amravati University Amravati in exercise of powers conferred upon me under sub-section 8 of section 12 of the Maharashtra Public Universities Act,2016, do hereby directs as under :-

1. This Direction may be called, "Examinations leading to the Degree of शारीरिक शिक्षण पारंगत (Master of Physical Education) (Semester Pattern) (Two Years Course) Direction, 2023".

2. This Direction shall come into force with effect from the sessions as under-
   i)Academic Session 2022-2023 for M.P.Ed. Semester I & II
   ii)Academic Session 2023-2024 for M.P.Ed. Semester III & IV

3) The Degree of Master of Physical Education (M.P.Ed.) (Two years – Four Semester Pattern Course) shall belong to the Faculty of Inter-disciplinary Studies.

TWO YEARSM.P.Ed. PROGRAMME (FOUR SEMESTERS)

1. Eligibility and Admission Procedure:

A candidate for the admission of programme at Master of Physical Education (M. P. Ed.) must fulfil the eligibility criteria (norms & standards) directed by the NCTE, University and the directives of the Government of Maharashtra which may change from time to time.

2. Duration:

The M.P.Ed programme is of a duration of two academic years, that is, four semesters. However, the students shall be permitted to complete the programme requirements within a maximum of three years from the date of admission to the programme.

3. The papers for Examinations shall be as under-

For the M.P.Ed. Part-I & Part-II (Semester -I to IV) Examination –

(A) Discipline Specific Core (DSC)

This component will include the subjects of core studies having 5 credits for each paper.

(B) Discipline Specific Elective (DSE)

In Semester III & IV, there shall be Discipline Specific Elective (DSE) papers related to a specialized area of study in the subject out of elective papers prescribed by the University.

(C) Research Project

In Semester IV, there shall be research Project . This project will be based on DSC/DSE papers. This research project will carry of 4 credits and 100 marks. The project must be submitted in the hardbound copy to the College/Institute. The students shall have to give a presentation of the project in a final Semester before theory examination. Project + Presentation shall be evaluated by concern teacher in the College / Institute as Internal Examiner along with an External Examiner who will be a teacher of the concerned subject from other Institute appointed by the University and accordingly marks shall be communicated to the University. The concerned teacher will work as a guide for this project.

(D) Ability Enhancement Course (AEC)

Internship/ Field Work/ Work Experience (50 Marks):

There shall be Internship / Field Work/ Work Experience for duration of 15 days mandatory to all the students to be completed in Semester-III. This will carry 2examinations Credit. The tasks to be under taken under this component are elaborated below and students may and any one of these categories.

a) Internship: Internship of minimum 15 days in the firms or academic institutes of national importance or research laboratories or institutes or industries authorized by the college/ institute. The participation shall be duly certified by competent authority/ies which is to be verified by Principal/Director/HOD.

b) **Field Work:** Students can undertake fieldwork for minimum 15 days related to their subject in a broad sense. This fieldwork shall be identified by the college/institute and to be certified by the organizing authority. The college/institute shall also certify the fieldwork undertaken by the student and accordingly marks shall be given.

c) **Work Experience:** Work experience for minimum 15 days includes students participating in the regular work of any firm / Organization / Institute/ Local Body related to their learning subject identified by the College/Institute.

The mentor / concerned teacher shall award the marks to the students based on his/her performance and college/Institution shall communicate marks to the University. The marks of Internship/Field Work/Work Experience will be reflected in the III semester marksheet.

(E) Extra-Curricular and Co-Curricular Activities :

The students may earn maximum 5 non Examination credits from the activities as given in table No. I. After securing rank at state/zone level events and participation/rank at National level. These credits shall be in option to open elective course so that these performers shall be given relaxation from undertaking this course. These credits can be earned during *the Sem. I to III,* but it will be reflected in the marksheet of Sem. III. The mentor / concerned teacher shall award the marks to the students based on his/her performance as given table No. II and college/Institution shall communicate marks to the University.

Table No. I

Sr.No.	Activities
1	Unnat Bharat Abhiyan[UBA]
2	Sports Activities
3	Cultural Activities
4	Inter-University Academic Activities like Paper Presentations, Aavishkar, start-up, Hackathon, Quiz competitions, students exchange programme etc.

Table No. II

Sr. No.	Nature of Participation	Sate/Zone/ National	Grade/Marks
1.	4th Rank (Individual/Team)	State / Zone	B+ /70
2.	3rd Rank (Individual/Team)	State / Zone	A / 80
3.	2nd Rank (Individual/Team)	State / Zone	A+/ 90
4	1st Rank (Individual/Team)	State / Zone	O /100
5.	Participation (Individual/Team)	National	A+ / 90
6.	Any Rank among 1st/2nd/3rd (Individual/Team)	National	O / 100

4. The CBCS System:

All programmes shall run on Choice Based Credit System (CBCS). It is an instructional package developed to suit the needs of students, to keep pace with the developments in higher education and the quality assurance expected of it in the light of liberalization and globalization in higher education.

5. Course:

The term course usually referred to, as 'papers' is a component of a programme. All courses need not carry the same weight. The courses should define learning objectives and learning outcomes. A course may be designed to comprise Lectures/ Tutorials/Laboratory Work/ Field Work/ OutreachActivities/ Project Work/ Vocational Training/VIVA/ Seminars/ Term Papers/Assignments/ Presentations/ Self-Study etc. or a combination of some of these.

6. Courses of Programme:

The M.P.Ed. programmeconsists of a number of courses, the term 'Course' applied to indicate a logical part of subject matter of the programme and is invariably equivalent to the subject matter of a "paper" in the conventional sense. The following are the various categories of courses suggested for the M.P.Ed. Programme.

- **Discipline Specific course – DSC**
- **Discipline Specific Elective – DSE**
- **Research Project**
- **Ability Enhancement Course - AEC**
- **Internship/ Field Work/ Work Experience**
- **Skill Courses**
- **Extra-Curricular And Co-Curricular Activity**

7. Semesters:

An academic year is divided into two semesters. Each semester will consist of 17-20 weeks of academic work. The odd semester may be scheduled from May/June to November/December and even semester from November/December to May/June. The institution shall work for a minimum of 36 working hours in a week (five or six days a week).

8. Working days:

There shall be working days as per University rule and regulation.

9. Credits:

The term 'Credit' refers to a unit by which the programme is measured. It determines the number of hours of instructions required per week. One credit is equivalent to one hour of teaching (lecture or tutorial) or two hours of practical work/field work per week. The term 'Credit' refers to the weight given to a course, usually in relation to the instructional hours assigned to it. The total minimum credits, required for completing M.P.Ed. programme is 104credits and for each semester 26 credits.

10. Scheme of Examinations (Duration of Semester & Term-End-Exam., ATKT, Marks Carry forward, Reappearances):

A) Duration of the Semester and the Term End Examination

Table No. III

Name of Examination	Main Examination	Supplementary Examination
Semester I and Semester II	Summer (Simultaneously)	Winter (Simultaneously)
Semester III	Winter	Summer
Semester IV	Summer	Winter

i. The Theory Examination of Semester I and Semester II shall be conducted simultaneously by the University at the end of each Semester II in summer every year.

ii. The Theory Examination of Semester III and Semester IV shall be conducted by the University and shall be held at the end of each semester separately.

iii. A candidate shall enrol/register for the first semester examination.

iv. If enrolment/registration is not possible owing to shortage of attendance beyond condonation limit/rules prescribed OR belated joining OR on medical grounds, such candidates are not permitted to proceed to the next semester. Such candidates shall redo the semester in the subsequent term of that semester as a regular student. However, a student of first semester shall be admitted in the second semester, if he/she has successfully kept the term in first semester.

v. The applicant shall be admitted to next semester as per the following eligibility table :-

B) Method to carry forward the marks:

1. A student who passes in the Internal-Assessment but fails in the Semester-End-Examination of the course shall reappear for the Semester-End-Examination of that course. However his/her marks of the Internal-Assessment shall be carried over and he/she shall be entitled for grade obtained by him/ her on passing.
2. A student who fails in the Internal-Assessment but passes in the Semester-End-Examination of the course shall reappear and resubmit for the Internal-Assessment. However his/her marks of the Semester-End-Examination shall be carried over and he/she shall be entitled for grade obtained by him/ her on passing.

C) Additional Examination (Reappearance):

i. The student who failed in the Semester-End-Examination (external) in Semester-I shall reappear along with Semester-End-Examination (External) of Semester-II.

Similarly, the student who failed in the Semester-End-Examination in Semester-II shall reappear along with Semester-End-Examination (External) of Semester-III,

Whereas, the student, failed in the Semester-End-Examination in Semester-III shall reappear along with Semester-End-Examination (External) of Semester-IV.

ii. The student who failed in Internal-Assessment shall reappear for additional examination conducted by the college as per convenience within 30 to 45 days from the date of declaration of result and marks of the same shall have to send to the university.

11. Condonation:

- Student must have 75% of attendance in each course for appearing the examination.
- Students who have 65% to 74% of attendance shall apply for condonation to the Head of The Department/Principal.
- The student must apply to Head of the Institution giving the reason(s) for absence before 15 days of the conduct of the examination along with the necessary documents and testimonials. After verifying the causes the decision will be taken by the Head of Department/Principal.
- Students who have below 65% of attendance are not eligible to appear for the examination.

12. Pattern of Question Papers and its Nature:

A) Format of Question Paper for 5 Units **-**

Each Course Papers shall have five compulsory questions (with internal choice for each question) corresponding to five units of each theory course. Question No. 1 (one) Contains ten MCQs from all the five units without any internal choice.

B) Nature of Semester End Examination –

- For each Course - 70 (60+10) Marks
- Duration – 3.00 Hours
- Syllabus is framed into 5 units for each theory course.
- On each unit there shall be a question either long or short or Write notes type answer.
- Number of Questions to be set in each paper shall be in accordance with above information.
- Each theory paper shall have five compulsory questions with its internal choice and Question No. 1 (one) Contains ten MCQs from all the five units without any internal choice.
- All the five questions shall have an alternative choice from the same unit in terms of Long or Short or Write notes type answer. However, there is no choice in a separated question.
- Division of marks between long and short answer type question shall be in ratio of 70:30.
- In case of write notes type question, division of marks may distribute equally.

13. Evaluation:

The performance of a student in each course is evaluated in terms of percentage of marks with a provision for conversion to grade point. Evaluation for each course shall be done by a continuous internal assessment (CIA) by the concerned course teacher as well as by end semester examination and will be consolidated at the end of course. The components for continuous internal assessment are;

One Test	5 Marks
Seminar	5 Marks
Assignments	5 Marks
Discipline & involvement in activities	5 Marks
Attendance	10 Marks
Total	30 Marks

Attendance shall be taken as a component of continuous assessment, although the students should have minimum 75% attendance in each course. In addition to continuous evaluation component, the end semester examination, which will be written type examination of at least 3 hours duration, would also form an integral component of the evaluation. The ratio of marks to be allotted to continuous internal assessment and to end semester examination is 30:70. The evaluation of practical work, wherever applicable, will also be based on continuous internal assessment and on an end-semester practical examination.

14. Minimum Standard of Passing Examinations:

The minimum passing standard for the CIA (Continuous-Internal-Assessment) & External examinations shall be 40%, i.e. 12 marks out of 30 marks and 28 marks out of 70 respectively for the theory courses. The minimum passing for both CIA and External examinations shall be 50%, i.e. 15 marks out of 30 and 35 marks out of 70 marks for the practical courses.

15. Grading:

Once the marks of the CIA (Continues Internal Assessment) and SEA (Semester End Assessment) for each of the courses are available, both (CIA and SEA) will be added. The marks thus obtained for each of the courses will then be graded as per details provided in Point No.17 from the first semester onwards the average performance within any semester from the first semester is indicated by Semester Grade Point Average (SGPA) while continuous performance (including the performance of the previous semesters also) starting from the first semester is indicated by Cumulative Grade Point Average (CGPA). These two are calculated by the following formula:

$$SGPA = \frac{\sum_{i=1}^{n} C_i G_i}{\sum_{i=1}^{n} C_i}$$

$$CGPA = \frac{\sum_{j=1}^{N} SGPA_j}{N}$$

Where C*i* is the Credit earned for the course is in any semester; G*i*is the Grade point obtained by the student for the course and *n* number of courses obtained in that semester; $SGPA_j$is SGPA of semester *j* and *N* number of semester. Thus CGPA is average of SGPA of all the semesters starting from the first semester to the current semester.

16. Classification of Final Results:

For the purpose of declaring a candidate to have qualified for the Degree of Bachelor of Physical Education in the First class / Second Class / Pass Class or First Class with Distinction, the marks and the corresponding CGPA earned by the candidate in Core Courses will be the criterion. It is further provided that the candidate should have scored the First / Second Class separately in both the grand total and end Semester (External) examinations.

17. Letter Grades and Grade Points:

i) Two methods-relative grading or absolute grading– have been in vogue for awarding grades in a course. The relative grading is based on the distribution (usually normal distribution) of marks obtained by all the students in the course and the grades are awarded based on a cut-off mark or percentile. Under the absolute grading, the marks are converted to grades based on pre-determined class intervals. To implement the following grading system, the colleges and universities can use any one of the above methods.

ii) The grades for each course would be decided on the basis of the percentage marks obtained at the end-semester external and internal examinations as per following table:

Percentage	Grade Point	Latter Grade	Description	Classification of final result
85 & above	8.5-10.0	O	Outstanding	First class with Distinction
70-84.99	7.0-8.49	A^+	Excellent	
60-69.99	6.0-6.99	A	Very Good	First Class
55-59.99	5.5-5.99	B+	Good	Higher Second Class
50-54.99	5.0-5.49	B	Above Average	Second Class
40-49.99	4.0-4.99	C	Average	Pass Class
Below 40	0.0	F	Fail/ Dropped	Dropped
	0	AB	Absent	

18. Grade Point Calculation

Calculation of **Semester Grade Point Average (SGPA)** and **Credit Grade Point (CGP)** and declaration of class for M. P. Ed. Programme.

The credit grade points are to be calculated on the following basis:

$$SGPA = \frac{\sum_{1=1}^{n} C_i G_i}{\sum_{i=1}^{n} C_i}$$

Note:

(1) SGPA is calculated only if the candidate passes in all the courses i.e. get minimum C grade in all the courses.
(2) CGPA is calculated only when the candidate passes in all the courses of all the previous and current semesters.
(3)The cumulative grade point average will be calculated as the average of the SGPA of all the semesters continuously, as shown above.
(4)For the award of the class, CGPA shall be calculated on the basis of:
(a) Marks of each Semester End Assessment And
(b) Marks of each Semester Continuous Internal Assessment for each course. The final Class for M.P.Ed. Degree shall be awarded on the basis of last CGPA (grade) from one to four semester examinations.

19. Grievance Redressal Committee:

The college/department shall form a Grievance Redressal Committee for each course in each college/department with the course teacher / Principal / Director and the HOD of the faculty as the members. This Committee shall solve all grievances of the students.

OBJECTIVES OF THE M. P. Ed. PROGRAMME

1. To enable the Pupil-Teachers to understand the nature, purpose and philosophy of education and physical education at the higher secondary stage.
2. To prepare teachers of Physical Education with higher educational perspective.
3. To develop personnel, Professionals and Social competencies required in teaching profession of physical education at matured aged/gender.
4. To develop potential for planning and organizing Physical Education programmes and other play activities for higher level students.
5. To empower Pupil-Teachers to inspire their students to actively participate in Physical and Yogic Exercises, Games and Sports with advance thoughts.
6. To enable teachers to develop personality, character, will power, and positives attitude towards life among their students through Physical Education and Sports sciences.
7. To make teachers capable of imparting basic knowledge about Health, Hygiene, Nutrition and Physical Fitness.
8. To develop skills and competencies to organize school and community games and sports.
9. To promote mental health, power of self-decision and self-control, correct judgment and action, emotional stability, respect for other and acceptance of the authority and rules.
10. To promote appreciation and interest for indigenous games, sports and yogic practices among Pupil-Teacher.

Ist SEMESTER

M.P.Ed.PART-IExamination THEORY

Course Code	Subject	Total Hours	Credit	External Marks	Internal Assessment	Total	Minimum Passing Marks
MPCC-101	Research Methodology in Physical Education & Sports	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-102	Physiology of Exercise	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-103	Yogic Science	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-104	Tests,Measurement & Evaluation in Physical Education	**4**	**4**	**70**	**30**	**100**	**40**

Ist Semester

M.P.Ed.PART-IExamination Practical Work

Course Code	Title of thePaper	Total Hours	Credit	Internal Marks	External Marks	Total Marks
MPPC-101	**Track & Field (Track event Performance) (Any Two)** **1.** Running Events– **2.** 100 Mts./200 Mts./400 Mts./800 Mts. Run **3.** Hurdles/Relayrace **4.** Long Distance Running **5.** Walking events	4	2	30	70	100
MPPC-102	**Specialization in Indigenous Games:** **1.** Kabaddi **2.** Kho-kho **3.** Malkhamb(**AnyOne**)	4	2	30	70	100
MPPC-103	**Yoga** **1.** Asana **2.** Suryanamaskar **3.** Kriya*/Pranayama* / Mudra*/Bandha* **(*Any One)**	6	3	30	70	100
MPPC-104	**Teaching/ Coaching Lesson Athletics (Track Event)** 5 Lessons (4Internaland1External)	6	3	30	70	100

IIndSEMESTER

M.P.Ed.PART-IExamination THEORY

Sr. No	Subject	Total Hours	Credit	External Marks	Internal Assessment	Total	Minimum Passing Marks
MPCC - 201	Applied Statistics in Physical Education and Sports	**4**	**4**	**70**	**30**	**100**	**40**
MPCC - 202	Sports Biomechanics and Kinesiology	**4**	**4**	**70**	**30**	**100**	**40**
MPCC - 203	Information & Communication Technology (ICT) an Physical Education	**4**	**4**	**70**	**30**	**100**	**40**
MPCC - 204	Management in Physical Education and Sports	**4**	**4**	**70**	**30**	**100**	**40**

IIndSemester

M.P.Ed.PART-IExamination Practical Work

Course Code	Title of thePaper	Total Hours	Credit	Internal Marks	External Marks	Total Marks
MPPC-201	**Track & Field (Field Event Performance)** **1.** Jumping Events (High Jump/Long Jump/TripleJump) **2.** Throwing Events (Shot-put/Discuss/ Javelin/Hammer Throw)s **(Any One from Each Group)**	4	2	30	70	100
MPPC-202	**Team Games Specialization (Any One Game)** **Foreign Games**: Volleyball, Base Ball, Basketball, Football, Handball,Hockey,Cricket,Soft Ball.	4	2	30	70	100
MPPC-203	**Practical** (ICT)	6	3	30	70	100
MPPC-204	**Teaching/CoachingLesson Athletics(Field Event)** 5 Lessons(4 Internal and 1 External)	6	3	30	70	100

IIIrdSEMESTER

M.P.Ed.PART-IIExamination THEORY

Sr. No	Subject	Total Hours	Credit	External Marks	Internal Assessment	Total	Minimum Passing Marks
MPCC-301	Scientific Principles of Sports Training	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-302	Sports Medicine & Rehabilitation	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-303	Health Education and Sports Nutrition	**4**	**4**	**70**	**30**	**100**	**40**
Elective Subject (Any One)							
MPEC-301	Sports Engineering	**4**	**4**	**70**	**30**	**100**	**40**
MPEC-302	Physical Fitness and Wellness	**4**	**4**	**70**	**30**	**100**	**40**
MPEC-303	Sports Technology	**4**	**4**	**70**	**30**	**100**	**40**

IIIrd Semester

M.P.Ed.PART-IIExamination Practical Work

Course Code	Title of thePaper	Total Hours	Credit	Internal Marks	External Marks	Total Marks
MPPC-301	**Individual Game Specialization** Badminton, Archery, Table Tennis, Lawn Tennis,Judo,Karate,Boxing, Wrestling, Swimming.	4	2	30	70	100
MPPC-302	**Internship**	4	2	30	70	100
MPPC-303	**ClassroomTeachingLesson** Lesson on theory of different Indigenous Activity andYoga. 5 Lessons **(4 Internal and 1External)**	6	3	30	70	100
MPPC-304	**CoachingLesson** Indigenous Activity and Yoga 5Lessons **(4Internal,1 External)**	6	3	30	70	100

IVth SEMESTER
M.P.Ed.PART-IIExamination THEORY

Sr. No	Subject	Total Hours	Credit	External Marks	Internal Assessment	Total	Minimum Passing Marks
MPCC-401	Athletic Care and Remedial Therapies	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-402	Sports Psychology	**4**	**4**	**70**	**30**	**100**	**40**
MPCC-403	Research Project	**4**	**4**	**70**	**30**	**100**	**40**
Elective Subject (Any One)							
MPEC-401	Value & Environmental Education	**4**	**4**	**70**	**30**	**100**	**40**
MPEC-402	Educational technology in Physical Education	**4**	**4**	**70**	**30**	**100**	**40**
MPEC-403	Sports Journalism and Mass media	**4**	**4**	**70**	**30**	**100**	**40**

IVth Semester
M.P.Ed.PART-IIExamination Practical Work

CourseCode	TitleofthePaper	Total Hours	Credit	Internal Marks	External Marks	Total Marks
MPPC-401	**LaboratoryPractical** 1. Sports Psychology 2. Physiology of Exercise 3. Sports Biomechanics and Kinesiology **(Two Practical for each subjects)**	4	2	30	70	100
MPPC-402	**ProjectPractical** **(Management and Organization)** Seminar, Conference, Debate, Class Formation,Flag hosting, Tournament, Play day, Exhibition, Demonstration, Clinic, Time table, Picnic, Tour. **(Note Book of Any Five and Conductanyonefor Examination)**	4	2	30	70	100
MPPC-403	**CoachingLesson** ForeignGame.5Lessons(**4 Internal and 1 External)**	6	3	30	70	100
MPPC-404	**Class Room Teaching Lesson** Lesson on theory of different Foreign games and sports 5 Lessons (4 Internal and1 External)	6	3	30	70	100

Note: Total number of hours required to earn 4 credits for eachtheory course are 51-60 hours per semester whereas 60-90 hours for eachpracticum course.

20. The existing Directions No.08/2016 of the course shall be repealed stage-wise and only applicable to the students who have already sought their admissions as per its provisions and shall repealed after exhausting the chances given to the failure students of old courses by the University.

Date :- 18 /08/2023

Sd/-
(Dr.PramodYeole)
In-chargeVice- Chancellor,
Sant Gadge Baba Amravati University.

Sant Gadge Baba Amravati University, Amravati
Scheme of Teaching, learning, Examination and Evaluation leading to the Degree of M.P.Ed. (four semester)
P.G Scheme
Theory & Practical Syllabus

Sr.No	Paper	Title of Paper	Teaching & Learning Scheme						Examination Evaluation & Assessment Scheme							
			Hours of instruction per week			Credits			Duration in Hrs	Max. Marks		Total	Minimum Passing Marks (Theory+ MCQ)	Minimum Passing Marks SEM (Internal)	Minimum Aggregate Passing Marks	Grade
			Theory + SEM	Practical	Total	Theory	Practical	Total		Theory+ MCQ	SEM					
SEMESTER I																
Theory																
I	**P-1 MPCC 101**	DSC-1 Research Methodology in Physical Education & Sports	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-2 MPCC 102	DSC-2 Physiology of Exercise	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-3 MPCC 103	DSC-3 Yogic Science	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-4 MPCC 104	DSC-4 Test, Measurement & Evaluation in Physical Education	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
Practical																
1	**MPPC- 101**	Track & Field (Track event performance) **(Any Two)** **1.** Running Events – **2.** 100 Mts./200 Mts./400 Mts./800 Mts. Run **3.** Hurdles/ Relayrace **4.** Long DistanceRunning Walking events	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 102	**Specialization In IndigenousGames:** **1.** Kabaddi **2.** Kho-kho Malkhamb**(AnyOne)**	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 103	**Yoga** **1.** Asana **2.** Suryanamaskar **3.** Kriya*/Pranayama*/Aerobics*/ Mudra*/Bandha* **(*AnyOne)**	-	6	6	-	3	3	-	70	30	100	35	15	50	P
	MPPC- 104	**Teaching/ Coaching LessonAthletics (Track Event)** 5 Lessons (4 Internal and 1 External)	-	6	6	-	3	3	-	70	30	100	35	15	50	P
		Total	16	20	36	16	10	26		560	240	800	252	108	360	

SEMESTER II																
Theory																
	P-1 **MPCC 201**	**DSC- 1** Applied Statistics in Physical Education	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-2 **MPCC 202**	**DSC- 2** Sports Biomechanics & Kinesiology	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-3 **MPCC 203**	**DSC- 3** ICT in Physical Education	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-4 **MPCC 204**	**DSC- 4** Management in Physical Education and Sports	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
Practical																
	MPPC- 201	**Track& Field (Field Event Performance)** **1.** Jumping Events (High Jump/Long Jump/TripleJump) **2.** Throwing Events (Shot-put/Discuss/ Javelin/HammerThrow) **(Any One fromEach Group)**	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 202	**Team GamesSpecialization (Any One Game)** **ForeignGames**: Volleyball, Base Ball, Basketball, Football, Handball, Hockey, Cricket, Soft Ball.	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 203	Practical (ICT)	-	6	6	-	3	3	-	70	30	100	35	15	50	P
	MPPC- 204	**Teaching/ Coaching LessonAthletics (Field Event)** 5 Lessons(4 Internal and 1 External)	-	6	6	-	3	3	-	70	30	100	35	15	50	P
		Total	16	20	36	16	10	26		560	240	800	252	108	360	

SEMESTER III																
Theory																
	P-1 MPCC-301	**DSC- 1** Scientific Principles of Sports Training	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-2 MPCC-302	**DSC- 2** Sports Medicine & Rehabilitation	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-3 MPCC-303	**DSC-3:** Health Education and Sports Nutrition	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-4 MPEC 301 MPEC-302 MPEC-303	**DSE-I (Any One)** **1.** Sports Engineering **2.** Physical Fitness and Wellness **3.** Sports Technology	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
Practical																
	MPPC- 301	**Individual Game Specialization:** Badminton, Archery, Table Tennis, Lawn Tennis, Judo, Karate, Boxing, Wrestling, Swimming.	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 302	**Internship**	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 303	**ClassroomTeachingLesson**Lesson on theory of differentIndigenousActivity and Yoga. 5 Lessons **(4 Internal and 1 External)**	-	6	6	-	3	3	-	70	30	100	35	15	50	P
	MPPC- 304	**Coaching Lesson**IndigenousActivity and Yoga. 5 Lessons (4 Internal,1External)	-	6	6	-	3	3	-	70	30	100	35	15	50	P
		Total	16	20	36	16	10	26		560	240	800	252	108	360	

SEMESTER IV																
Theory																
	P-1 **MPCC 401**	**DSC- 1** Athletic Care and Remedialtherapies	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-2 **MPCC-402**	**DSC- 2** Sports Psychology	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-3 **MPCC 403**	**DSC 3-** Research Project	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
	P-4 **MPEC 401** **MPEC** **402** **MPEC 403**	**DSE I (Any One)** 1. Value & Environmental Education 2. Educational Technology in Physical Education **3.** Sports Journalism and Mass media	4	-	4	4	-	4	3	60+10	30	100	28	12	40	P
Practical																
	MPPC- 401	**LaboratoryPractical** 1. SportsPsychology 2. Physiology ofExercise 3. Sports Biomechanicsand Kinesiology **(TwoPractical for eachsubjects)**	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 402	**Project Practical (Management and Organization)** Seminar, Conference, Debate, Class Formation, Flag hosting, Tournament, Play day, Exhibition, Demonstration, Clinic, Time table, Picnic, Tour. **(Note Book of Any Five and Conductany onefor Examination)**	-	4	4	-	2	2	-	70	30	100	35	15	50	P
	MPPC- 403	**Coaching Lesson** Foreign Game. 5 Lessons**(4 Internal and 1 External)**	-	6	6	-	3	3	-	70	30	100	35	15	50	P
	MPPC- 404	**Class Room TeachingLesson**Lesson on theory of differentForeigngames and sports. 5 Lessons (4 Internal and 1External)	-	6	6	-	3	3	-	70	30	100	35	15	50	P
		Total	16	20	36	16	10	26		560	240	800	252	108	360	